

Treatment Philosophy

Yakama Nation Tiinawit Program **Provides Treatment for** **Gambling Disorders**

YNTP's objective is to provide Person Centered Care and assist individuals in their road to recovery and intervene in the progressive stages of addiction from mild to the moderate impaired to the chronic and severely dependent.

To assist the individual to recognize Gambling Disorder is a disease and motivate them toward recovery and a more satisfying lifestyle.

Each individual shall be treated in a manner that promotes dignity self-respect and responsibility in their own recovery.

YNTP serves as a referral and resource center to Yakama Nation Tribal members, descendants and from other federally recognized tribes that reside on/or near the reservation boundaries who are affected by a gambling disorder.

Additional Resources

Gambling Help
Yakamagambling.com

National Problem Gambling Helpline
1-800-522-4700

Washington State Problem Gambling Helpline
1-800-547-6133

Evergreen Council on Problem Gambling
www.evergreencpg.org

Gamblers Anonymous (GA)
www.gamblersanonymous.org

National Council on Problem Gambling
www.ncpgambling.org

20 Gunnyon Rd.
P.O. Box 386
Toppenish, WA 98948

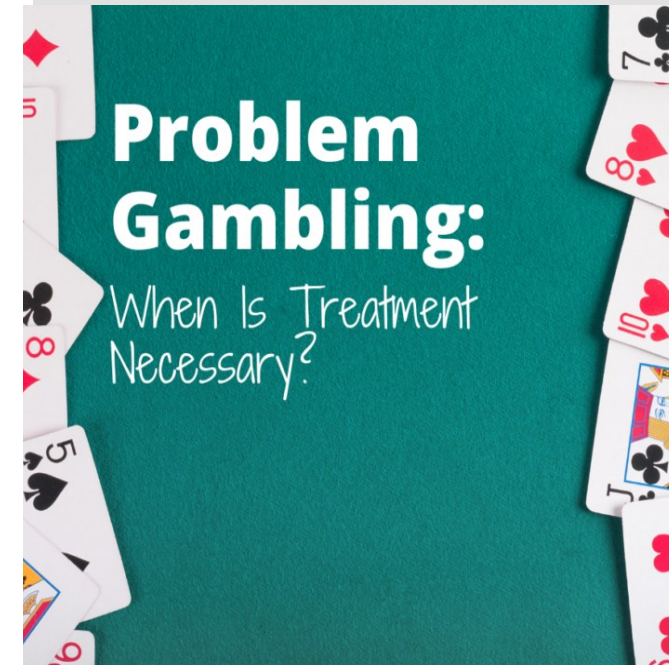
Telephone
(509) 865-5121 Ext. 4455
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(509) 865-4333



Confederated Tribes and Bands of the
Yakama Nation Established by the
Yakama Treaty of June 9th, 1855

Yakama Nation **Tiinawit Program**

Tiinawit—Native Way of Life



Recovery &
Prevention of
Problem Gambling
Honoring and
Practicing Culture
=
Prevention

TREATMENT SERVICES

Yakama Nation Tiinawit Program is a Washington State Certified Outpatient Treatment Facility.

What do we offer as a program?

We offer a physically comfortable and emotionally safe therapeutic recovery environment for our patients.

Our intent is to provide resources to assist individuals with the transition from a Gambling Disorder into sustained recovery.

OUTPATIENT SERVICES INCLUDE

- Intakes & Screening
- Gambling Assessments
- Relapse Prevention
- Outpatient Treatment/Recovery Support
- Individual Counseling
- Treatment Planning & Aftercare
- Group Therapy
- Transportation Services (limited)
- Referrals to Higher Level of Care

Problem Gambling Treatment offered at YN Tiinawit works on changing maladaptive behaviors through Motivational Interviewing, assisting those stuck in ambivalence, monitor progress through empowering the individual to make small changes through positive reinforcement by learning to gain self-rewards through healthier lifestyles.

CLIENT RESPONSIBILITIES

As a participant in our program you will be asked to do the following:

- Practice Harm Reduction Model of Care
- Be Dedicated & Committed to Your Recovery
- Attend Recovery Support Activities
- Attend Appointments & Actively Participate
- Be Responsible for Your Individual Service Plan

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**"Everything on the Earth has a Purpose,
Every Disease an Herb to cure it, and
Every Person a Mission.
This is the Indian theory of existence."**

-Mourning Dove
[Christine Quintasket, Salish Tribe, 1888-1936]

Yakama Nation Tiinawit Program Staff

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WHAT IS PROBLEM GAMBLING

Problem Gambling, also known as Pathological

Gambling or a Gambling Disorder, is a gambling behavior of any kind that results in the harmful impact on the life of an individual. It is a disease which may occur in psychological, financial, personal, legal, physical, vocational and/or other area's of person's life. Compulsive Gambling is not due to lack of personal responsibility but a psychological condition, that is treatable.